



## Sharon M. Frievalt

May 2, 1934 - August 5, 2017

Sharon May Frievalt, of Iron Mountain, died peacefully on Saturday, August 5, 2017. She was born on May 2, 1934 in Iron Mountain, the daughter of Roger “Cotton” Nyquist and Violet (Nelson) Nyquist. She was a lifelong resident of Iron Mountain except for a brief time in Milwaukee in 1951.

Sharon married James “Jim” Frievalt, of Kingsford on August 3, 1951 in Waukegan, IL. Upon moving back to the area, Sharon raised their three children followed by being a bookkeeper first at Peninsula Oil in Iron Mountain, then at R&C Wholesale in Aurora.

Sharon loved crossword puzzles and excelled at finding the right words. She enjoyed reading, working out, and walking with her friends and husband. Sharon and Jim traveled around the country when her husband drove truck and they enjoyed some travel abroad. She loved spending time with her children, grandchildren, and great grandchildren. She was full of advice on healthy living and extolled it frequently with love and a good sense of humor. Her family listened more than they let on.

Sharon is survived by her husband Jim, her three children, Randy Frievalt of St. Charles, IL, Vickie (Bill) Stephenson, of Iron Mountain and Kevin (Amy) Frievalt of Kingsford, and a special cousin, Ken Pengrazzi of Pine Creek; grandchildren, Shannon Caulfield, Joshua Frievalt, Jamie Jenshak, Melissa

Bertolini, and Andrew Frievalt, and step grandchildren Cassie, Sabre and Nick and six great grandchildren.

Visitation will be on Wednesday, August 9, from 11 am – 1 pm at Erickson-Rochon & Nash Funeral Home. Funeral services will be at 1pm Wed. at the funeral home. Rev. Michael March will officiate. A luncheon will follow the service at the funeral home.

Condolences to the family of Sharon Frievalt may be expressed online at [www.ernashfuneralhomes.com](http://www.ernashfuneralhomes.com).

The family has entrusted the Erickson-Rochon & Nash Funeral Home with the arrangements.

# Previous Events

## Visitation

AUG 9. 11:00 AM - 1:00 PM (CT)

Erickson-Rochon and Nash Funeral Home  
901 Carpenter Ave.  
Iron Mountain, MI 49801

## Funeral Service

AUG 9. 1:00 PM (CT)

Erickson-Rochon and Nash Funeral Home  
901 Carpenter Avenue  
Iron Mountain, MI 49801  
(906) 774-7676  
nashfuneralhome@gmail.com  
<https://www.ernashfuneralhomes.com/>

# Tribute Wall

OR

“ *My sincere sympathy to Jim and his children in the loss of your sweet wife and mother. Sharon was a classmate from grade School through IM High School with the Class of 1952 and also confirmed with me. It was always good to meet the two of you around town over these many years of marriage. May the happy memories remain and God give you comfort as you take one day at a time. Orice Walters*



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**OriceWalters** - August 09, 2017 at 10:14 PM

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“ *I was very sorry to hear about Sharon. Mellisa and Elaina and Edward were so blessed to have a wonderful grandmother and great grandmoher. . All of her grand children were blessed to have her. My prayers go out to each and everyone of you. She was a wonderful wife mother and grandmother and greatgrandmother. She will never be forgotten by all who knew her. Diane Nelson*

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**Diane Nelson** - August 09, 2017 at 10:17 AM



“ *1 file added to the album Memories Album*



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**Erickson-Rochon-Nash Funeral Home** - August 08, 2017 at 11:21 AM



“ *Be My Love Bouquet with Red Roses was purchased for the family of Sharon M. Frievalt.*



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August 08, 2017 at 11:08 AM