



## Helen Flaminio

January 24, 1918 - January 24, 2012

Helen Flaminio,

94, of Kingsford, passed away on Tuesday, January 24, 2012 at Freeman's Nursing and Rehabilitation Community in Kingsford.

She was born March 29, 1917 in Niagara, Wisconsin, daughter of the late Thomas and Valeria (Socha) Nowak. Helen was a lifelong resident of the area. She attended the Kingsford schools, graduating from Kingsford High School in 1934. She married Alfred A. "Oscar" Flaminio on September 10, 1938 in Indiana, and he preceded her in death in 1990. Helen worked as a secretary at Lakeshore Inc. for many years, retiring in 1984. She was a member of the American Martyr's Catholic Church, and a past member of the Elks Club and the Oak Crest Country Club. Helen was an avid bowler and enjoyed golfing and traveling. She was preceded in death by four brothers, Frank, George, Thomas and Joseph Nowak, and one sister, Ann Colantonio.

Helen is survived by her two daughters, Julie (Richard) Unger of Appleton, WI. and Cathy (Bill) Dyer of Aurora; her sister, Bernice Altobelli of Iron Mountain; four grandchildren, Jodie (Kevin) Mensink, Elissa (Wade) Little, Stacie (Shane) Riddle, and Ross Dyer; six great-grandchildren, Jake and Ella Little, Carter and Hailey Mensink, Layla and Marley Riddle; she is further survived by numerous nieces and nephews, three of whom held a special place in her

heart, Jodie Altobelli, Steve Altobelli, and Patt Dumlao.

Visitation will be held on Monday, January 30, 2012 from 9:30am- 10:30 am at the Erickson-Rochon and Nash Funeral Home in Iron Mountain. The funeral Mass will follow at 11:00am at the American Martyrs Catholic Church in Kingsford. Fr. Joseph Gouin will offer the Mass of Christian Burial. Burial will be in Iron Mountain Cemetery Park. Pallbearers will be Richard Unger, Bill Dyer, Steve Altobelli, James Flaminio, Michael Flaminio, Peter Flaminio, and Larry Flaminio.

In lieu of flowers a memorial will be established in her memory.

The family would like to thank her faithful visitors and the staff at Freeman's Nursing Home who treated her like family.

Condolences to the family of Helen Flaminio may be expressed online at [www.ernashfuneralhomes.com](http://www.ernashfuneralhomes.com)

The family has entrusted the Erickson-Rochon & Nash Funeral Home of Iron Mountain with the arrangements

# Previous Events

## Visitation

JAN 30. 9:30 AM - 10:30 AM (CT)

Erickson-Rochon and Nash Funeral Home  
901 Carpenter Ave.  
Iron Mountain, MI 49801

## Funeral Mass

JAN 30. 11:00 AM (CT)

American Martyrs Catholic Church  
908 W. Sagola Ave.  
Kingsford, MI 49802

# Tribute Wall

CF

“ I remember Helen as being full of life with a refreshing sense of humor. Though I haven't seen her in years I will cherish the moments we shared.

*My thoughts and prayers are with Julie, Kathy and their families. You have my deepest sympathies.*

*Carol*

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**Carol Roehrig - Neenah, WI - friend** - January 30, 2012 at 12:00 AM

GN

“ *Julie and Cathy*

*I will keep Auntie Helen and you both in my prayers.*

*I am unable to attend Monday due to work schedules.*

*Gayla*

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**Gayla St Onge - Marquette, MI - niece** - January 30, 2012 at 12:00 AM

MU

“ *So sorry to hear of Helen's passing. So grateful to hear that she passed away peacefully in her sleep. We have conflicting appts. on Monday so we won't be able to attend the funeral services, but our thoughts and prayers are with the family. Helen lived a very full life!*

*Mike & Linda*

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**Mike & Linda Unger - Menominee, MI - Nephew of Julie & Richard Unger** - January 29, 2012 at 12:00 AM